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**THE TWENTY-EIGHTH ANNUAL  
BOONTLING CLASSIC  
5K FOOTRACE  
SUNDAY, MAY 2, 10:00 AM**

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**Start/Finish:** Anderson Valley Elementary School

**Entry Fee:** \$8.00 (\$2.00 discount for NCS members)  
T-Shirt: \$10.00  
Late Reg. Fee: \$10.00

**Registration:** Pre-registration deadline is May 1.  
Race day registration is 8:30-9:30 am

**Awards:** Plaques to top man and woman. Ribbons to top 3 in each  
Division. Drawing for prizes!

**Divisions:** See other side.

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**PLEASE PRINT**

Make checks payable to: North Coast Striders, PO Box 805, Boonville, CA, 95415.

Name \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_  
email (to get results) \_\_\_\_\_  
Division (A-T) \_\_\_\_\_ Fee Enclosed \_\_\_\_\_ Date \_\_\_\_\_  
T-Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

**Waiver:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am healthy and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other runners, the effects of traffic, and the conditions of the road, all risks being known and appreciated by me. Having read this waiver and considering these facts in consideration of my accepting entry, I, for myself, my heirs, and anyone entitled to act on my behalf, waive and release forever The Anderson Valley Unified School District, The North Coast Striders Inc., the County of Mendocino, TAC/USA, the Pacific Association, and all sponsors, their employees, representatives and successors from all claims and liabilities arising out of any participation in this event.

Signature \_\_\_\_\_ (Parent or Guardian if under 18)

The Boontling Classic is a RRCA sanctioned event

## Divisions

- A. Boys 9/Under
- B. Boys 10-13
- C. Men 14-18
- D. Men 19-29
- E. Men 30-39
- F. Men 40-49
- G. Men 50-59
- H. Men 60-69
- I. Men 70/Over
- J. Girls 9/Under
- K. Girls 10-13
- L. Women 14-18
- M. Women 19-29
- N. Women 30-39
- O. Women 40-49
- P. Women 50-59
- Q. Women 60-69
- R. Women 70/ Over
- S. Walkers, Men
- T. Walkers, Women

Baby Joggers, Strollers, Roller Skates, Roller Blades, Dogs, and Headphones

**ARE NOT PERMITTED**

For further information contact:

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